

DEVELOPMENTAL CHECKLIST

6 months:

- Copies sounds
- Responds to own name
- Strings vowels together
- Likes to play with others, especially parents

12 months:

- Uses simple gestures such as waving or shaking head for “no”
- Responds to simple requests
- Says “mama” and “dada”
- Pulls up to stand

18 months:

- Says several single words
- Walks alone
- Knows what common things are used for (i.e. brush, telephone, spoon)
- Points at items of interest

2 years:

- Says 2-4 word sentences
- Enjoys being around other children
- Follows simple instructions
- Points to items when named, such as body parts

4 years:

- Hops and stands on one foot for 2 seconds
- Tells stories
- Draws a person with 2-4 body parts
- Enjoys pretend play

For information and tools on tracking your child's development visit:
www.cdc.gov/ncbddd/actearly

DEVELOPMENTAL SCREENING RESOURCES

Developmental Milestones/Idaho Infant Toddler Program

FREE developmental screening and early intervention services for children ages birth to three www.infanttoddler.idaho.gov

School District

FREE developmental screenings for children ages three and older
www.idaho.gov/education/dist.html

Learn the Signs. Act Early.

FREE tools for tracking development
www.cdc.gov/ncbddd/actearly

Easterseals: Make the First Five Years Count

FREE online screenings for children ages birth to five
www.easterseals.com/mtffc



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MONITORING YOUR CHILD'S DEVELOPMENT

Helping Idaho Families Make the Most of their Child's Early Years





WHO CAN CONDUCT DEVELOPMENTAL SCREENINGS

Developmental screenings are provided by many physicians, early intervention programs, and a variety of other early childhood programs. Many child care providers also monitor children's development to best meet children's developmental and learning needs, and to identify when a child may need additional support. Child care providers can also assist families with a referral to the right services when there is a concern:

WHAT IS A DEVELOPMENTAL SCREENING

Developmental growth and learning varies among children. Some children may develop more slowly in one area of development and faster in another while still following a typical developmental pattern. Parents have the most important role in supporting their child's growth and learning. For this reason, parents are often the first to recognize when their might be a concern. A developmental screener can be used to determine if your child's development is on track, and if there is a concern which requires further assessment or evaluation.

How often should my child receive a developmental screening?

Children's development should be screened at 9, 18, 24, 30, 42 and 54 months, and anytime there is a concern.

★ AGES BIRTH-3

Step 1:

Track your child's development. Many simple checklists are available to help families monitor developmental milestones at specific ages. Share any concerns you may have with your child care provider and your child's physician.

Step 2:

Contact Developmental Milestones for FREE developmental screenings.

<http://healthandwelfare.idaho.gov/Children/InfantToddlerProgram/DevelopmentalMilestones>

Step 3:

Follow-up with any recommendations after screening is completed.

★ AGES 3 & OLDER

Step 1:

Track your child's development. Many simple checklists are available to help families monitor developmental milestones at specific ages. Share any concerns you may have with your child care provider and your child's physician.

Step 2:

Contact your local school district or Developmental Milestones for information on FREE developmental screenings. If needed, ask your child care provider for your local school district's contact information.

Step 3:

Follow-up with any recommendations after screening is completed.

